

## HOW WE SEE SEX..



An healthy sexual relationship is a normal part of two people living together in a marriage relationship. There are couples, however, who love each other but have different attitudes to sexual intimacy. It is essential that each understands and respects their partner's values and beliefs concerning this intimate expression of human love.

(Tick ✓ the boxes that you think reflect your attitude to sex.)

- sex means more to a man
- a woman risks more in sex
- good sex ends in a mutual climax
- we shouldn't have sex if we don't feel close
- sex is more physical for a man
- a real man brings his wife to climax
- if there is something wrong we should talk it out before sex
- if a man doesn't get sex at home he wanders
- sex should be spontaneous
- sex is more complicated for a woman
- sexual intercourse is the same as intimacy
- no woman today ever says 'no'
- a man is always satisfied in sex
- sex should be as frequent as possible
- quality is more important than quantity
- sex is for having children
- sexual intercourse is the only way I can express myself sexually
- a man should always initiate sex.
- intercourse makes me feel secure
- when we have intercourse I don't feel lonely
- I enjoy intercourse

(Tick ✓ the boxes that you think reflect your partner's attitude to sex.)

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Print two copies of this sheet, complete one each and then swap sheets with your partner, compare your responses and talk about any similar and different responses you might have made.